

# Sharing our Successes

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| <b>Name of Project</b>     | <b>Cannock Chase Children's Centre - 'You Too' Group</b>   |
| <b>Description</b>         | <p>'You Too' offers support for children with additional needs and their families. At any one time up to 4 children with their parents/carers attend an assessment process at our local Child Development Centre daily for a 2 week period. Following this a diagnosis may be given.</p> <p><i>During this period families may have built relationships with each other and we identified a need for ongoing support for these families.</i></p> <p>Staff from the Centre attend the CDC on a regular basis and have forged links with staff from CDC but more importantly have been able to befriend children and parents and invite them to our 'You Too' group in order to offer continued support and ease of access to other professionals and services.</p> <p>'You Too' group takes place every Friday morning at Cannock Chase Children's Centre and a crèche is offered for children attending (we've had a lot of support from CDC staff in helping to ensure we provide appropriate activities for the children.) Parents can then sit in a relaxed and inclusive environment and share experiences whilst gaining support from other parents in similar situations as well as professionals.</p> <p>'You Too' has proved to be a very valuable support group and parents attending really appreciate the help and advice they have received which has included:</p> <ul style="list-style-type: none"><li>• Support at a difficult time following diagnosis of their child with additional needs.</li><li>• Support for access to appropriate services.</li><li>• Encouragement to attend other groups at the centre</li><li>• Information on a range of services</li><li>• Access to a well stocked library covering a range of topics which are helpful to parents in this situation.</li><li>• Time for parents and children to access the centres inclusive toy library</li><li>• Help through use of the early support package</li><li>• Contact with other useful local support groups</li></ul> |
| <b>Further Information</b> | For further information about the group please contact <a href="mailto:lucinda.mallen@staffordshire.gov.uk">lucinda.mallen@staffordshire.gov.uk</a>  |